

WELCOME TO P1 PARENT-TEACHER MEETING

Ms Yue Siew Poh
Year Head P1 and P2



PROGRAMME OUTLINE

Time	Programme
2.30pm to 2.55pm	<ul style="list-style-type: none">• Principal's Address• Briefing on Level Matters & Character & Citizenship Education by Year Head
3.00pm to 4.00pm	<ul style="list-style-type: none">• Briefing on Physical Education, Art & Music (PAM) and Programme for Active Learning (PAL) by Heads of Department (Physical Education & Aesthetics)• Briefing on English, Math and Mother Tongue curriculum matters by Heads of Department/ Subject Heads
4.15pm to 4.30pm	<ul style="list-style-type: none">• Meeting with Form Teachers



Principal's Welcome Address



Sharing by Year Head

- ☐ Well-Rounded Curriculum
- ☐ Student Well-being
- ☐ Character & Citizenship Education
- ☐ School-Home Partnership



WELL-ROUNDED CURRICULUM

- Holistic education
 - ✓ knowledge
 - ✓ skills
 - ✓ values
- Well-being



Student Well-being

- Welcome Back to School Programme
- Termly Check-in Surveys and Activities
- Teacher-Student Dialogue Sessions
- CCE-FTGP Lessons/ CCE-MTL Lessons
- Learn & Bond Programme
- Peer to Peer Activities
- R U OK Campaign
- Learning Journeys



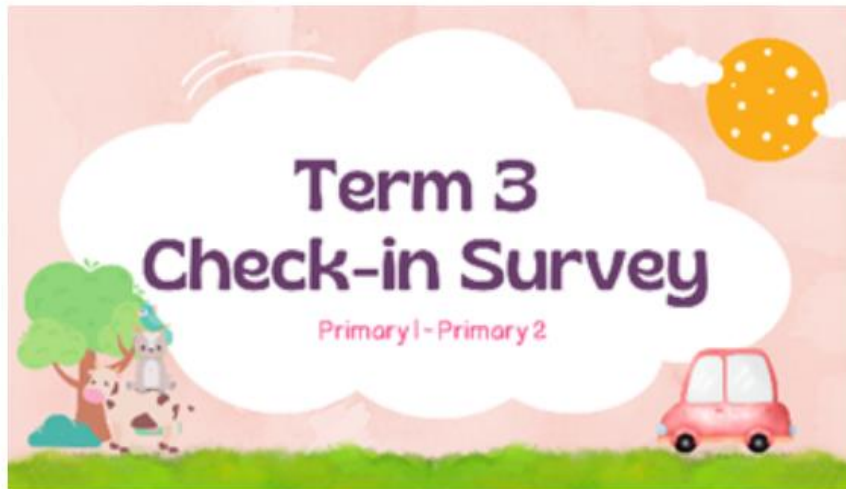
Student Well-being

WBTS



Student Well-being

Termly Check-in Surveys and Activities



Student Well-being

Teacher-Student Dialogue Sessions



GROWTH MINDSET

Fixed Mindset

I am not good at this
I can't do it
It is too hard

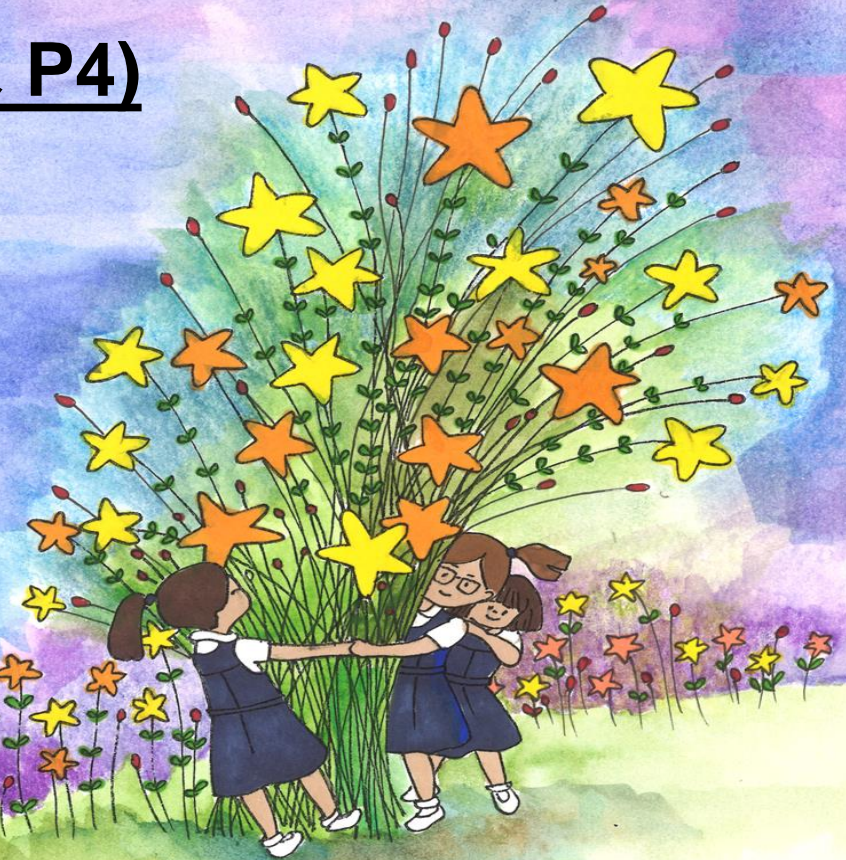
Growth Mindset

I can learn from my mistakes
I can improve
I will keep on trying



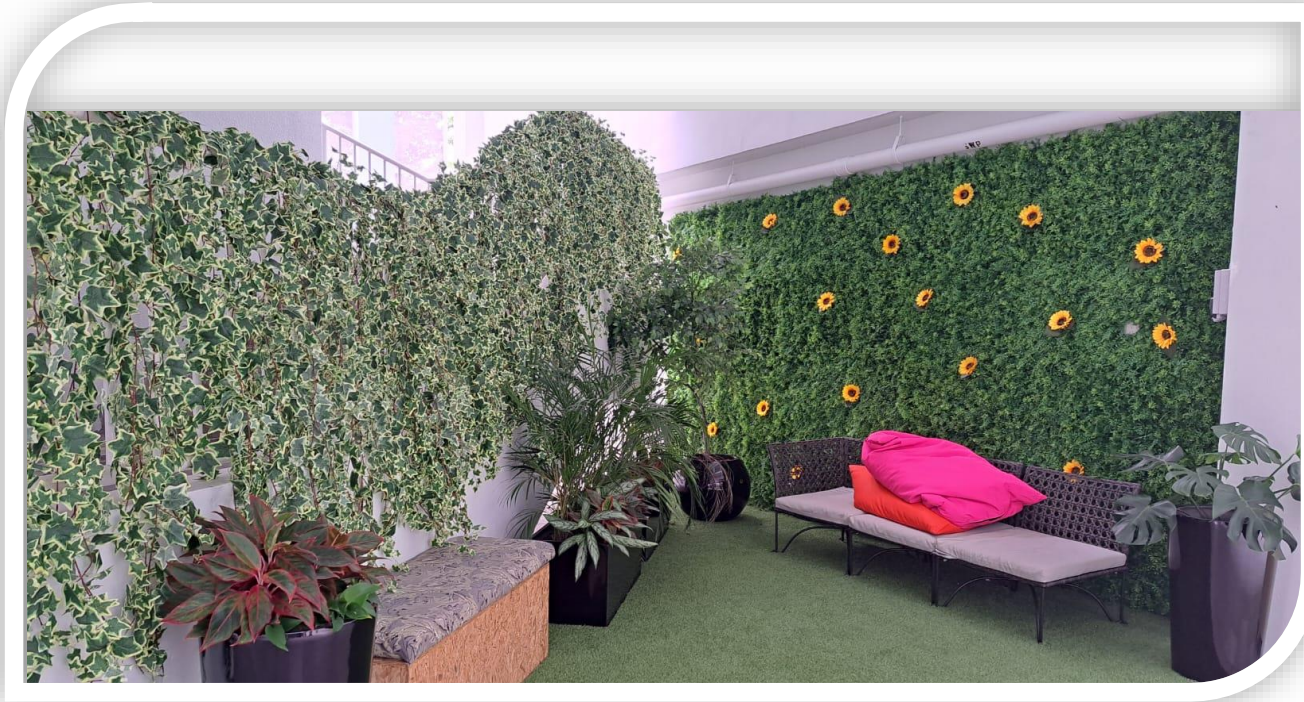
Student Well-being

Peer-to-Peer Activities (P1 & P4)



Student Well-being

R U OK Campaign & Corner



Student Well-being

School Counsellors

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Character and Citizenship Education (CCE)



CCE OBJECTIVES

Good character: Have a sound moral compass and a strong sense of right and wrong, think critically and ethically, be discerning in judgment, take responsibility for choices and actions, be caring towards others and strive for excellence.

Resilience and social-emotional well-being: Have a balanced sense of self, form healthy relationships, be resilient when faced with challenges, find meaning in life, and have a sense of gratitude and appreciation.

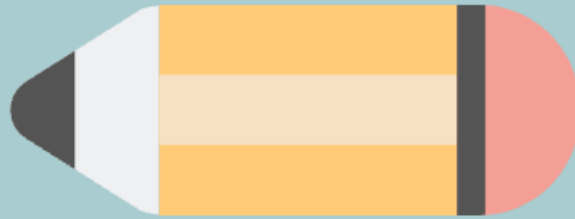
Future readiness: Have a sense of purpose in life, develop the dispositions of adaptability and lifelong learning so as to be able to navigate education and career pathways purposefully and take on the challenges of the future, including the world of work and life.

Active citizenship: Develop a strong national identity based on a sense of belonging to the nation, a sense of hope in themselves and the future, an awareness of the reality of Singapore's vulnerabilities and constraints, and the will to act on improving the lives of others, and building a future for our nation.

CCE LESSONS



**CCE Form Teacher
Guidance Period
(FTGP)**



**CCE Mother
Tongue (MTL)**



**Programme for
Active Learning
(PAL)**

The curriculum content of CCE is based on the three big ideas of Identity, Relationships, and Choices, and comprises the teaching and learning of core values, and social-emotional competencies with a focus on developing a sense of purpose in our students.



Identity



Relationships



Choices

P1&2 CCE LESSON FOCUS

1

National
Education
(NE)



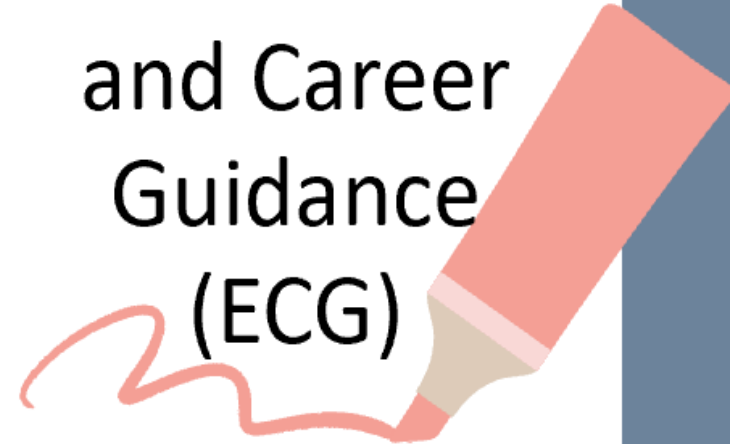
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Mental
Health
(MH)



3

Education
and Career
Guidance
(ECG)



P1&2 CCE LESSON FOCUS

4

Cyber
Wellness
(CW)



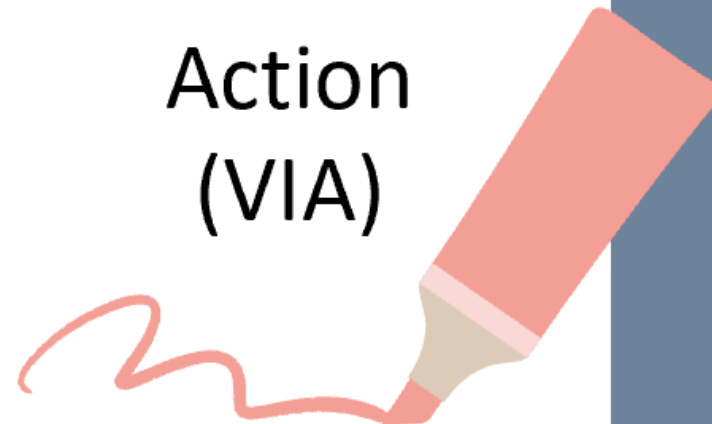
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Family
Education
(FE)



6

Values in
Action
(VIA)



SCHOOL-HOME PARTNERSHIP



SCHOOL-HOME PARTNERSHIP

Parents Gateway

- Get access to all school announcements and updates
- Give consent for your daughter/ward participation in school activities anytime, anywhere
- Book your preferred slots for Parent-Teacher Conference
- Declare any travel plan of your daughter/ward.



SCHOOL-HOME PARTNERSHIP

Calendar of Events – 2022 Term 1

Week	Date	Day	School Event
1	3 Jan	Tue	First Day of School – P1
	4 Jan	Wed	First Day of School – P2 to 6
	5 Jan	Thu	P6 Parent-Teacher Meeting
	6 Jan	Fri	P5 Parent-Teacher Meeting
2	9 Jan	Mon	P3 Parent-Teacher Meeting
	10 Jan	Tue	P2 Parent-Teacher Meeting
	11 Jan	Wed	P1 Parent-Teacher Meeting
	12 Jan	Thur	P4 Parent-Teacher Meeting
3	CCA & Enrichment start		
4	20 Jan	Fri	Chinese New Year Celebration <i>[No Early Dismissal]</i>
	23-24 Jan	Mon - Tue	Chinese New Year Holiday <i>[No School]</i>
	25 Jan	Wed	Follow timetable for Monday (7.30am to 1.30pm only) * Activities after 1.30pm are as usual
5	After-school HMT lessons start		



SCHOOL-HOME PARTNERSHIP

STUDENT ATTENDANCE

- Students are expected to be regular in their attendance. Parents/guardian are strongly discouraged from taking the students out of school during term time for extended holidays or other reasons. Permission has to be sought from the Principal for such matters.
- Students who are absent must produce a Medical Certificate or a letter of explanation from parents on the day they return to school.



SCHOOL-HOME PARTNERSHIP

Monitor the use of online devices : Set up screen time limits



Share your concerns with your child and reach a common understanding on:

- the **time they should turn off** their laptops/phones
- when **device usage should be paused**, such as during mealtimes and family activities
- when and how often they should **take breaks from the screen**, or get up to move about
- **what they can do online**, such as seeking out online entertainment and learning, accessing news, staying connected with peers
- **what they should avoid**, such as chatting with strangers, sharing personal details (home address, phone number), excessive sharing of pictures/videos of themselves



RESOURCES FOR PARENTS



SCHOOL-HOME PARTNERSHIP

20 December 2022

PARENT KIT



Ministry of Education
SINGAPORE

Guiding Our Children Through Their P1 Transition

Our children may be feeling a mix of emotions as they move closer to entering Primary 1. In fact, as parents we may be feeling anxious too and it's completely normal. Here are some ways to ease the transition for ourselves and our children [as they enter Primary 1](#).

Bedtime Routines Before School Starts

- Primary school starts early, and our children need enough sleep (between 9 to 11 hours) to stay focussed in class. We may start preparing our children about 2 weeks before school starts to go to bed on time or just 10 to 15 minutes earlier each night to adjust to a new bedtime routine.

Check out [page 15-16](#) of the Parent-Child Activity Book (PCAB) for an activity before bedtime.



Involve Them in Packing Their School Bags

- Practise preparing for school by packing their school bag together. Chat with our children about what items should be packed into the school bag.

"Let's have a look at the school's timetable. What do we need to pack? Would we need to pack in books, your pencil box, and your colour pencils?"

Check out [page 18-20](#) of the PCAB for more ideas on bag-packing.



SCHOOL-HOME PARTNERSHIP

Prepare Them for Buying Food at the School Canteen

- Help our children gain confidence by role-playing as the canteen stall owner and let them try ordering food and handling money. We may also encourage our children to buy their own food or drinks when we head out for family meals.

Check out [page 24-25](#) of the PCAB for role-play ideas.



Have Conversations About Making New Friends

- [Practise small steps](#) with our children to help them relate with others and make friends. Try role-playing with them by pretending that they are meeting you for the first time.

"Shall we practise introducing yourself when you meet your classmate? Daddy can pretend to be your new classmate. You may say hello, my name is Evelyn. What is your name? What do you like? May I sit next to you or play together?"

- Children learn by example. We can role model making new friends by showing them how as adults, we can make new friends too.
- Once they start school, we may ask them who they met, the names of their new friends, and who they sat next to in class and at recess.

Check out [page 34-35](#) of the PCAB and [an article to help your children](#) ace their first week of school.



SCHOOL-HOME PARTNERSHIP

Prepare Our Children on What They Can Expect in School by Talking Through Their Schedule and Experience



Mummy, what if I miss my friends from kindergarten?

Evelyn, I know that you are feeling sad and missing your friends. Let's look forward to making new friends in primary school. You can try walking up to your classmates with a bright smile and say "Good morning, I am Evelyn. What's your name?"

Try Out These Scenarios With Our Children

A. Talk about the different experiences they may encounter in school such as Morning Assembly, lessons and recess.

"You will arrive at school and there will be older boys and girls who will help you find your classroom."

"You will meet your form teacher and other subject teachers for lessons in the classroom. You may buy food at the canteen during recess."

"Remember how we practised buying food? I am sure you will do fine and have a fun day meeting your new friends and teachers."

B. Practise different situations with our children and encourage them to ask for help when needed.

"What will you do if you forget to bring your money for recess? Is there someone you can approach for help?"

"You need to use the toilet. What will you do?"

"How can you get help if you can't find mummy at the school gate after school?"

Check out [page 64-66](#) of the PCAB for more tips on asking for help.



SCHOOL-HOME PARTNERSHIP

Our children's first day of primary school will be a unique experience. Let's cheer them on, support them to adjust well, and not worry about over-preparing them.

"I am happy to be in school because I can meet more people and learn more things."

Jesper Neo, Student of Class 1C, Waterway Primary School

"We actually need to teach social skills to our children, and this takes time. I hope parents understand that you need to talk it through with your children and role model."

Mr Sam Wong, Principal of Canberra Primary School

"My child's first day of school is here. Having gone through the preparations such as teaching my child to buy food during recess, pack his school bag, and how to treat his teachers and peers with kindness, patience, and courtesy, I'm sure my child will be just fine."

Parent Tips from our [Transition to Primary One video](#)

Check out [these tips](#) on how to better equip our children with social skills from our Parent Instagram.



SCHOOL-HOME PARTNERSHIP

Additional Tips for Parents

- Positive and meaningful [school-home partnerships](#) will help our children adapt and learn well in school. Share your children's interests, needs, and medical intervention history (if any) with their school.
- Encourage our children to show and share kindness – Singapore Kindness Movement has some [family activities for you and your children](#).
- We may be concerned about our children's academic readiness for Primary 1 and how we can support them. Watch the recording of our [“Ask Me Anything About... Journeying with Your Child to Primary One”](#) session organised on 24 November 2022, to find out how to support our children to discover their own learning.



THANK
you

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