



# **RAFFLES GIRLS' PRIMARY SCHOOL**

21 Hillcrest Road, Singapore 289072. Tel: 64684377 Fax: 6469 2024

Our Ref: RGPS/N23/P1/014

Date: 26 May 2023

Dear Parents/Guardian,

## **P1 Term 2 PE, Art & Music updates**

### **Physical Education**

We have come to the end of Term 2 and here are some updates on P1 PE. The students have been taught the following skills. They have also learnt some health-related topics based on the An Active and Healthy Me book.

#### **Gymnastics**

1. Travelling in space using locomotor movements (e.g. running, skipping, walking etc.).
2. Jumping using one foot and two feet for distance and height. Jumping with one foot and two feet, take-off to form different shapes before landing with control.
3. Point (i.e. on a small body part) and patch (i.e. on a large body part) balances on different body parts.
4. Rock using round-tuck shape (e.g. egg roll).
5. Roll using narrow-stretch shapes (e.g. pencil roll).
6. Perform a sequence of two different movements with smooth transition.

#### **Outdoor Education**

1. Move confidently across a variety of ground surfaces within the school compound.
2. Recognize hazards within the school grounds that may cause harm to self and others (e.g. wet surfaces, sharp objects etc.)
3. Explain how to and reasons for taking care of the school.

#### **Active & Healthy Me**

This term, students learnt more about taking care of themselves through adopting good hygiene practices and habits to prevent the spread of germs and diseases. As we adopt the hands-on approach towards learning about physical health, students learnt the 8-steps hand washing technique as well as created a duty roster to maintain classroom cleanliness to prevent the spread of germs and diseases within the classroom. This is an avenue to encourage students to be responsible for their own hygiene and cleanliness. Students also learnt about good eye care habits and myopia.

All these components formed the basis of their assessment. Through the activities carried out, the students also learnt values like sportsmanship, teamwork, and responsibility in using and keeping the equipment. Generally, students have performed well in their assessment and are able to show their understanding in both physical and health components.

During the June Holiday, we greatly encourage students to stay active as much as possible. They could practise the above skills that they have learnt this term as well.

Best regards,  
Ms Teo Siew Huai  
Primary 1 PE Level Representative

## **ART**

Primary One students were introduced to the topic of landscapes. They had class discussions while being shown some slides of paintings on the subject. This helped them to 'connect and wonder' with feelings and emotions that relate to the places. From the images and their past experiences visiting those places, students highlighted the elements that could create ambience or beauty: for example, lighting, natural environment, greenery, flowers, open spaces and weather.

In their own composition, they put their imagination and creativity together to express an 'inviting' scene with interesting and relevant details. They learnt how to create a landscape painting, putting in the foreground, middle ground and background. They had to be mindful of the proportions of the objects they drew in relation to one another as well as in which plane the objects fall in.

The students learnt the technique of blending and working with soft oil pastels. In the process, they were made aware of light and dark spots and how to use colours in gradation. They also discovered how to play with colours to effectively create boundaries of different areas, parts and objects. It was a tireless process which took a few weeks but most of them displayed resilience to see their artwork to completion.

The students completed their assignment with a documented reflection of their artwork.

Best Regards,  
Miss Ho Soo Peng  
Primary 1 Art Level Representative

## **Music**

In term 2, the primary 1 students learnt to sing in solfege and with hand signs to help them with the pitching. During music lessons, students learnt songs through a variety of activities such as body percussion and movements. Our students had fun moving around with their peers for 'Great Big House'. After learning the solfege of the pieces, they were able to play them on the resonator bells. For their term 2 assessment, students used their knowledge of the solfege to create 2 bars of melodic lines. They also had fun creating the soundscape for Humpty Dumpty and gave feedback on how their peers played on the instruments they had chosen.

RGPS Instrumental Recital is an annual performance for students to showcase their musical talents on an instrument. This year, the recital kicks off our biennial Arts Fest as a prelude. Over the years, we have had students performing on a variety of instruments, such as the piano, violin, cello and gu zheng. The application process would be conducted online and the performance will be held in Term 3, 5 July. All interested students are to submit recorded videos of themselves playing an instrument via email to [rgpsrecital@gmail.com](mailto:rgpsrecital@gmail.com). The deadline for the online submission is 9 June. Your child can log in to SLS for more information. 10 entries would be selected to perform in our Performing Arts Theatre in Term 3 on 5 July.

Also, as part of our Arts Fest, we would like to invite parents with a flair for singing to team up with your child/ward and join us in our Parent-Child Karaoke Competition on 13 July 2023! Simply submit your audition video via email to [rgpsAFkaraoke@gmail.com](mailto:rgpsAFkaraoke@gmail.com) by 20 June. You can also encourage your child to join us as a busker in busking@RGPS! Simply submit your child's audition video to us via email to [rgpsAFbusking@gmail.com](mailto:rgpsAFbusking@gmail.com) by 20 June. For more details, please refer to your child's/ward's SLS or the PG notification sent out on 3 May.

Best Regards,  
Mrs Amy Ng  
Primary 1 Music Level Representative