



RAFFLES GIRLS' PRIMARY SCHOOL

21 Hillcrest Road, Singapore 289072. Tel: 64684377 Fax: 6469 2024

RGPS/N23/P1/012

5 April 2023

Dear Parents/Guardian

2023 P1 APRIL CIRCULARS

Extending our warmest wishes for a Blessed Good Friday and Selamat Hari Raya Aidilfitri to all who are celebrating these joyous occasions.

In this set of circulars, you will find the information on the following programmes. Please refer to the table below for a list of circulars which you will be receiving. We seek your cooperation to follow up accordingly and adhere to the submission dates.

If you require any clarifications, you may contact the General Office at 6468 4377 or email the teacher-in-charge as indicated accordingly.

S/N	Item	Remarks
1	Distinguished Chinese Language Teachers' Award 2023	Refer to attached PDF By 30 April
2	Invitation to Participate in Student Handbook 2024 Cover Design	By 26 June
3	Invitation to Participate in Logo Design Contest	Refer to attached PDF By 17 April
4	P5 Prefect Outreach - Donation in Kind for Thye Hua Kwan Nursing Home and Sunbeam Place @ Singapore Children's Society	From 4 April to 14 April
5	Odd Socks Day	On 20 April
6	Triple P Parenting Seminar Series	

Thank you

Your Partner in Education
Mrs Elaine Quek
Principal

1. Distinguished Chinese Language Teachers' Award 2023

The Distinguished Chinese Language Teachers' Award is an annual award that recognises teachers of the Chinese Language who exemplify the use of good spoken and written Chinese, promote learning-focused interaction during Chinese lessons and choose pedagogies appropriate to learners' readiness, interests and learning profiles. We invite you to nominate outstanding Chinese Language teachers for this award. Nomination forms can be made online at <https://bit.ly/dclta2023> by 30 April 2023. Please refer to attached PDF for more details.

For any enquiries, do email zbschools@sph.com.sg

2. Invitation to Participate in Student Handbook 2024 Cover Design

If your child/ward has a flair for art design, do not miss out on this opportunity.

Purpose	Design Theme	Deadline
2024 Student Handbook Cover (Front & Back)	Glow from Within, Glow through Learning, Get Green and Love Earth, Go Forth and Strive towards Our Goals	26 June 2023

Medium: Artist's choice, including digital

Size of Paper : A4

Layout : Portrait

There is no restriction to the number of designs each student can submit.

Important Notes:

- This event is not a competition. However, **only suitable designs will be selected**. A certificate/letter of acknowledgement would be awarded to students whose designs are selected.
- **Only shortlisted applicants will be notified.**
- Students are to submit the original hardcopies of their artworks through their art teachers by the deadline stated. Late submissions will not be entertained and judges' decision would be final.
- By submitting their artwork, students agree to assign the copyright of their artworks to the school, even if the artworks are not selected for use. All copies of the artworks would be retained by the school.

Thank you and I look forward to your child's/ward's participation!

For any enquiries, do contact Ms Serene Chan (chan_yuen_ling_serene@schools.gov.sg).

3. Invitation to Participate in Logo Design Contest

If your child/ward has a flair for art design, do not miss out on this opportunity.

Purpose	Design Theme	Deadline
Logo Design Contest Cert Kidz by Bukit Timah Community Club	Being Ready Begins with Me	17 April 2023 12.00 p.m.

Please refer to attached PDF for more details.

Online submission:

Upload your design on their Facebook page <https://www.facebook/BukitTimahC2E>

If you require more information, you may email WONG_Jun_Xiang@pa.gov.sg or call 6466 2912.

4. P5 Prefect Outreach - Donation in Kind for Thye Hua Kwan Nursing Home and Sunbeam Place @ Singapore Children's Society

The RGPS P5 prefects have come together to initiate a donation drive for Sunbeam Place run by the Singapore Children's Society and Thye Hua Kwan Nursing Home. Information about the following two beneficiaries is included below followed by a list of items requested by them.

Sunbeam Place @ Children's Society is a residential home and a gazetted place of safety for children who have been abused or neglected, and are in need of protection, or for those whose parents are unable to provide proper care. Its residents are aged between 2 and 21.

Currently, Sunbeam Place has reached out to us and is requesting for a bulk donation of stationery they need quite urgently for the children under their care.

The Thye Hua Kwan Nursing Home in Hougang serves 285 residents at the moment and at least 114 of these are patients with dementia. The Nursing Home believes in providing quality of life for aging Singaporeans. Thye Hua Kwan endeavours to assist anyone who needs help in every way possible with full respect to their race, creed, language, culture and religion.

We hope that through this activity, pupils will be able to show empathy, gratitude for the food they have been provided and graciousness towards others, especially those who are not as healthy or well off as they are. We also hope that this will help to highlight the plight of the groups of society being helped by these two organisations. We also hope that our pupils can become more aware of some of the issues our elderly and those with dementia may face; as well as those of other less fortunate children and youths.

Pupils can participate in this collaboration by donating any of the stationery, food or medical items listed below:

Thye Hua Kwan Nursing Home:

- Adult Diapers (TENA Brand – Sizes S, M & L)
- Ensure Milk (Vanilla) powder for elderly to gain weight
- Glucerna Milk Powder for elderly with diabetes
- Tissue Boxes
- Toothpaste and toothbrushes

Singapore Children's Society – Sunbeam Place

S/N	Description
1	Acrylic Paint
2	Paintbrushes
3	Glitter
4	Blue tac
5	Scotch tape
6	Double sided tape
7	Mahjong paper
8	Permanent markers
9	Whiteboard markers

Please note that expiry date of food items must be **at least 6 months away from April 2023**. Pupils can deposit their food items at the canteen pick-up point. Items can be dropped off **before morning assembly from Tuesday, 4 April to Friday, 14 April 2023**.

Please do not hesitate to contact Mdm Jane Woon (woon_wei_yien_jane@schools.gov.sg) or Ms E-Lynn Goh (goh_e-lynn@schools.gov.sg) should you require any further information.

5. Odd Socks Day

Our school will be commemorating Odd Socks Day! This will be in line with our school's recent initiative 'That's Not Cool' which aims to perpetuate a caring and enabling school environment. 'That's Not Cool' is an upstream effort to have a greater awareness on what are cool (e.g. kind, well-meaning or gracious) and uncool behaviours (e.g. hurtful, mean or impolite).

Odd Socks Day, on the other hand, is not only a great way to express one's uniqueness, but it is also a platform to embrace differences and be kind. Our main objective is to remind the students to think about their words before they say them and their effect on others. It is an opportunity to encourage students to express themselves and celebrate their individuality. Matching socks are usually the norm, however, on Odd Socks Day this rule no longer applies. Students can bring a combination of any sock colour or design.

To make this initiative a success, we strongly encourage the students to bring their unique socks and they will be wearing it together as a class at the start of the day.

Odd Socks Day will be held once a term starting **20 April, Thursday** (Term 2 Week 5). We seek your assistance to remind your child/ward in bringing her unique socks to school on that day.

For any enquiries, do contact Ms Shaheda Salim (shaheda_salim@schools.gov.sg) and Ms Victoria Chua (victoria_chua_pei_chern@schools.gov.sg).

6. Triple P Parenting Seminar Series

We would like to invite you to sign up for a series of online seminars delivered by our parenting support partner Lakeside Family Services. The series is part of the **Positive Parenting Programme** (Triple P), an evidence-based programme that equips parents with techniques to promote their children's (aged up to 16 years) psychological, social, and emotional competence.

The seminar series is offered free of charge and will be conducted over Zoom. To ensure greater flexibility and more options, you may mix and match from 2 scheduled sessions within the same week. While you are encouraged to attend all 3 seminars to gain more thorough insights, you may also choose topic(s) that are most relevant to you, subject to your availability.

Seminar Topic	Session Dates
THE POWER OF POSITIVE PARENTING	12 April 2023 (Wed), 12.00pm - 1.00pm or 13 April 2023 (Thurs), 8.00pm - 9.00pm
RAISING CONFIDENT, COMPETENT CHILDREN	19 April 2023 (Wed), 12.00pm - 1.00pm or 20 April 2023 (Thurs), 8.00pm - 9.00pm
RAISING RESILIENT CHILDREN	26 April 2023 (Wed), 12.00pm - 1.00pm or 27 April 2023 (Thurs), 8.00pm - 9.00pm

Kindly register at the following link:

<https://us06web.zoom.us/join/tZwtc-iuqioiG9A-zepCxu5h2kqxlmlQE3b4>

Thank you and we hope that you will have a meaningful time attending the session(s). For any enquiries, do contact Catherine Banton (catherine-banton@lakeside.org.sg).


SEMINAR SERIES ON ZOOM




Positive Parenting Programme



Having trouble managing common behavioural issues?
Wondering how you can support your child better in his/her transition years from childhood to preteen?

Lakeside Family Services, in partnership with your child's school, brings you the Triple P - Positive Parenting Programme. These seminars teach the principles of positive parenting and are packed with simple ideas to help make raising kids easier, enjoyable, and rewarding. Join us to find out more!

Choose between 2 schedules (A or B) for your convenience.

 For more information, contact Catherine Banton at catherine.banton@lakeside.org.sg

HELD ON ZOOM. Tap/click on the link below to register now.
<https://us06web.zoom.us/join/9A-zepCxu5h2kqxlmlQE3b4>

SEMINAR 1 THE POWER OF POSITIVE PARENTING	SEMINAR 2 RAISING CONFIDENT, COMPETENT CHILDREN	SEMINAR 3 RAISING RESILIENT CHILDREN
(A) 12 APR 2023 WED 12:00-1:00 PM	(A) 19 APR 2023 WED 12:00-1:00 PM	(A) 26 APR 2023 WED 12:00-1:00 PM
(B) 13 APR 2023 THUR 8:00-9:00 PM	(B) 20 APR 2023 THUR 8:00-9:00 PM	(B) 27 APR 2023 THUR 8:00-9:00 PM

Brought to you by:





Triple P certified Speakers



Schedule A (WED 12:00-1:00 PM)

Caroline David
 Counsellor, Family life Educator, Trainer

Ms Caroline David is a Counsellor and Trainer with a Masters in Guidance and Counselling from James Cook University, a Postgraduate Diploma from Institute of Systems Science (NUS) and a Bachelor of Science degree from NUS. She has 12 years of counselling experience having worked with children of different ages as well as parents. Through therapy, she has helped alleviate students' mental health issues such as anxiety, depression, suicidal ideation and self-harm. Caroline is also involved in the rehabilitation programmes for inmates in the Singapore Prison System (SPS).

Schedule B (THUR 8:00-9:00 PM)

Dr. Agnes Tan
 Counsellor, Family life Educator, Trainer

Dr. Agnes trained as a medical doctor in London, England and has worked there as well as in Singapore. She gave up her medical practice to pursue mission work. Agnes currently works as a Trainer, Counsellor and Family Life Educator. She holds a Master of Social Science in Professional Counselling, and a Graduate Certificate in Parent Education Leadership Training, both from Swinburne University, Australia. Agnes has over 20 years of training experience and is a most sought-after speaker in schools and organisations.




HELD ON ZOOM. Tap/click on the link below to register now.
<https://us06web.zoom.us/join/9A-zepCxu5h2kqxlmlQE3b4>

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