

RAFFLES GIRLS' PRIMARY SCHOOL

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Our Ref: RGPS/N23/P4/010

Date: 10 March 2023

Dear Parents/Guardians,

P4 Term 1 PE, Art & Music updates

Physical Education

We have come to the end of Term 1 and here are some updates on P4 PE. The students have been taught the following skills. They have also learnt health-related topics based on the An Active and Healthy Me book.

Games and Sports

- 1. Send (Throw) an object (ball) to a stationary and moving teammate, remain in position or move into a new position to receive a return pass, while either the sender or receiver is being defended
- 2. Receive a pass (with the hands) and send to a stationary and moving teammate, while either the receiver or sender is being defended

Athletics

- 1. Sprint from a crouch start with sustained effort over a distance
- 2. Run in a standard relay to pass a baton
- 3. Run over evenly spaced obstacles in a rhythmic manner

An Active and Healthy Me

- 1. Understand the importance of sleep for healthy growth and demonstrate good sleep habits
- 2. Understand the participation in physical activities helps to promote healthy development of bones, muscles, heart and lungs

All these components formed the basis of their assessment. Through the activities carried out, the students also learnt values like sportsmanship, teamwork and responsibility in using and keeping the equipment. Generally, students have performed well in their assessment and are able to show their understanding in both physical and health components.

During the March break, we greatly encourage the students to stay active as much as possible. They could also start practising for their NAPFA items where the test will take place in end of term 2.

Best regards, Mrs Claresta Chee Primary 4 PE Level Representative

<u>Art</u>

This term, students started with the P4 Museum based Learning module. In this module, they got to learn about the Pioneer Artists and their artworks. They discussed about the contributions these artists made in art education in Singapore. They also learnt a little about the history of Singapore when they viewed the artworks.

The students were also very excited about the learning journey as they got to go to National Gallery. This was the highlight of the module as they were able to see the Pioneer artists' artworks in real life. They also got to do some simple activities conducted by the instructors from the National Gallery.

For their final task, they made a diorama based on 'A snapshot of Singapore'. They would create the diorama using any medium of their choice, e.g they can use paint, or use recycled materials to create a scene in Singapore. They would then make cut-out figures for the main characters in their diorama. Besides that, they learnt how to create a scene and relate their characters together. Though it is quite challenging, they enjoyed the process of making the diorama very much and looked forward to create the scene they had envisioned every week.

Best regards, Miss Lim Siew Hoon Primary 4 Art Level Representative

<u>Music</u>

Students are in the midst of a ukulele programme. Students learnt proper techniques of holding and plucking the strings on the ukulele. They were also taught various strumming patterns. Students learnt how to read chord diagrams and were exposed to a variety of chords. With knowledge of chords and strumming patterns, they were able to play simple songs. Every class will be showcasing a performance song during a live peer showcase at the end of the programme in term 2. Due to constraints, some classes started on the Ipad Garage Band program instead and will embark on the Ukulele module in Term 2.

Talentime, our annual singing and dancing competition, opened for auditions this term to all P3-6 students. This competition was held on 20 February during assembly. This competition allows students to showcase their talents and win attractive prizes. We would like to thank all those who have submitted their audition videos. Congratulations to all finalists and winners!

Best regards, Mrs Lee Beiyu Primary 4 Music Level Representative