



RAFFLES GIRLS' PRIMARY SCHOOL

21 Hillcrest Road, Singapore 289072. Tel: 64684377 Fax: 6469 2024

RGPS/N23/P4/016

3 May 2023

Dear Parents/Guardian

2023 P4 MAY CIRCULARS

Wishing all mothers and fathers a Happy Mother's Day on 14 May and Happy Father's Day on 18 June as we join our girls to celebrate you and are grateful for all the hugs, words of encouragement and acts of love you have generously given to your daughter(s). We also extend blessed greetings to parents who celebrate Vesak Day on 2 June.

In this set of circulars, you will find the information on the following programmes. Please refer to the table below for a list of circulars which you will be receiving. We seek your cooperation to follow up accordingly and adhere to the submission dates.

If you require any clarifications, you may contact the General Office at 6468 4377 or email the teacher-in-charge as indicated accordingly.

S/N	Item	Remarks
1	P4 Prefect Outreach- Donation-in-Kind for RHMC	Donated items can be dropped off from 3 to 12 May 2023
2	Invitation to Strings Ensemble Concert	4 May, 3.00 to 4.00 pm
3	Raising Safe Digital Citizens Webinar for Parents	13 May, 10.00 to 11.00am
4	Textile Recycling Project	
5	Biodiversity Day Activities	
6	Alumni Association Holiday Programme	Refer to attached PDF
7	P4 Parent-Teacher Conference	
8	P4 & P6 NAPFA Test	Refer to separate PG. Deadline for sign-ups: 7 May 2023
9	RGPS Arts Fest 2023	Donated items can be dropped off from 3 to 12 May 2023

Thank you

Your Partner in Education
Mrs Elaine Quek
Principal

1. P4 Prefect Outreach- Donation-in-Kind for RHMC

The RGPS prefectorial committee has come together to initiate a donation drive in collaboration with Ronald Macdonald House Charities to put together a “Happy Snack Pack” for young patients either receiving outpatient care or undergoing day chemotherapy treatment or other procedures.

A child undergoing outpatient chemotherapy may be required to fast before treatment. The snack pack becomes not just an energy booster but also a “carrot” that motivates these children as they look forward to receiving a “Happy Snack Pack” from the nurse after the completion of the treatment. P4 Prefects will also be setting up a table during the P4 recess to encourage pupils to write get well notes to the recipients of the “Happy Snack Pack”.

We hope that through this activity, pupils will be able to show gratitude for their own good health, empathy and graciousness towards others, especially those who are not as healthy and well as they are.

Each snack pack consists of a juice or milk packet, individually wrapped cookies/biscuits and gummies with natural flavours.

Pupils can participate in this collaboration by donating any of the food items listed below:

Ronald Macdonald House Charities Singapore Oncology Happy Snack Pack

- Individual 200ml juice packets of Marigold Apple Juice (no sugar added).
- Individual 125ml or 200ml Milo packet drink.
- Individual 200ml Ribena packet drink.
- Individually wrapped snack/oat bar from Carman’s, Nature Valley, Uncle Toby’s or Yogood (ingredients must not have nuts as some children may be allergic to nuts).
- Individually wrapped biscuits.
- Individually wrapped packets of gummies with natural flavours from The Natural Confectionery Co. (25% less sugar) or YumEarth (packs of 0.7g each).

Please note that expiry date of food items must be **at least 6 months away from May 2023**.

Pupils can deposit their food items at the table in front of the prefectorial board along the corridor leading to the canteen or at the canteen pick-up point. Items can be dropped off **before morning assembly from Wednesday, 3 May 2023 to Friday, 12 May 2023**.

Do contact Mdm Jane Woon (woon_wei_yien_jane@schools.gov.sg) or Ms E-Lynn Goh (goh_e-lynn@schools.gov.sg) should you require any further information.

2. Invitation to Strings Ensemble Concert

The Strings Ensemble CCA proudly presents our first Strings Ensemble Concert on 4 May, 3.00pm - 4.00pm, at the Performing Arts Theatre (PARTs level 3). The Strings Ensemble CCA members have been enthusiastically practising and rehearsing for this special concert to showcase their love for music. We also want our students to have the opportunity to appreciate and affirm the talents of our young musicians.

We have invited all interested students to come and support our Strings Ensemble Concert via their music teachers. Tickets will be given to them by the end of the week. Due to overwhelming response, all tickets have been fully taken up.

We will require your signature on the concert ticket to acknowledge your consent for your child's/ward's attendance. She will also need to present this ticket to the ushers for admission into the theatre. Do note that we will need confirmation of other kind if the ticket is not signed.

The details of the String Ensemble Concert are as follows:

Date: 4 May 2023, Thursday

Time: 3.00pm – 4.00pm

Venue: Performing Arts Theatre

Attire: School Uniform

As the concert is an after-school event, please note the following:

1. Your child/ward is not allowed to miss enrichment, remedial lessons, or CCA to attend the concert.
2. Please ensure that your child/ward has food or money for lunch that day.
3. Please ensure that your child/ward has transport arrangement to go home at 4.00pm. after the concert.

We look forward to your child's/ ward's presence at the concert. Thank you for your support.

For any enquiries on this event, do contact Ms Ng Beiyu at ng_bei_yu@schools.gov.sg.

3. Raising Safe Digital Citizens Webinar for Parents

We would like to invite you to join in the Parents' Webinar organised by Cyberlite. Cyberlite is a social impact agency set out to deliver cyber education in a way that is both memorable and engaging. The speaker is a co-founder of Cyberlite, co-author of 'Ready, Get Set, Connect!' and child Cybersafety expert, Nina Bual.

In March, some of you may have attended their webinar on how parents can teach critical thinking at home and establish cyber rules as a family to ensure safe internet use. They also shared malicious actors that are lurking on the popular sites children are on, such as YouTube, Snapchat, and TikTok, and what parents can do about it.

This term, they are continuing the conversation on Internet Safety. The webinar will be held on Saturday, 13 May from 10.00 a.m.-11.00 a.m. To attend, do register interest via this link: [Webinar Registration - Zoom](#)

Thank you and we hope you will have a meaningful session.

For any enquiries on this webinar, do contact Ms Farhani Hanafi-Shuy at noor_farhani_hanafi@schools.gov.sg.

4. Textile Recycling Project

As part of our school's Earth Day commemoration this year, we launched our RGPS Textile Recycling Project on 18 April in partnership with Watten Residents' Network and Land Transport Authority (LTA); and supported by Cloop, a local clothes swap organization and Life Line Clothing, a textile recycler. Together with our school leaders, teachers and a PVG member, a few of our student leaders and peers gathered to unveil the textile recycling bin and contributed pre-loved items brought from home.

This yellow textile recycling bin where students can place their pre-loved clothes and other textile items has been stationed just outside Gate 1A of our school. Not only can students recycle clothing, they can also recycle bags, shoes, soft toys, hats and caps, belts, household linen and pillows that are in clean and dry condition.

Through this project, we hope to instil in our students a sense of responsibility towards the environment and encourage them to take actions to reduce textile waste. We look forward to seeing our students learn ways to extend the life of their clothes through embracing sustainable practices, such as reusing, repairing, upcycling and recycling textiles.

We are also extending this meaningful project to the residents around our school community to encourage more to Get Green and Love Earth. We look forward to your support and partnership in nurturing our students to be responsible and sustainable fashion consumers.

Photos from the Official Launch of the RGPS Textile Recycling Bin (18 April 2023)



Mrs Elaine Quek (RGPS Principal) unveiling the RGPS Textile



The RGPS Family



RGPS Head Environmentalist –



Items that can be recycled in the



7 Responsible Consumption

Thank you for your support in our school's direction to 'Get Green and Love Earth'.

5. Biodiversity Day Activities

We are excited to announce that we are celebrating Biodiversity Day on 15 May 2023. Our school has organised a range of activities to help raise awareness about the importance of biodiversity and to inspire our students to take on an active role in protecting the environment. As part of NParks Community In Nature initiatives, our school takes part in the annual BioBlitz for Schools, where the Enviro-Life Science Club members take part in a wildlife survey within our school campus. The findings from this citizen science activity will contribute towards a nation-wide initiative to document our urban biodiversity. Additionally, we will also participate in Green Wave, which is a worldwide biodiversity campaign that educates children and youths about the importance of protecting our natural environment. By planting 5 Pink Menpat saplings provided by NParks, we will also be adding to the One Million Trees Movement in Singapore.

The following activities have been organised by a group of passionate and dedicated individuals, including the Primary 4 and Primary 5 Green Ambassadors, the Enviro-Life Science Club members, a group of parent volunteers, and the Animal Concerns Research and Education Society (ACRES). The activities will be conducted during our students' recesses, from 8.30am to 11.30am.

Activity ICs	Description
Primary 4 Green Ambassadors	<ul style="list-style-type: none"> Fishing game Learn about the effects of marine litter on biodiversity
Primary 5 Green Ambassadors	<ul style="list-style-type: none"> Showcasing what they have learnt during their month-long training in relation to human-wildlife coexistence
Enviro-Life Science Club	<ul style="list-style-type: none"> Game booths Organizing guided nature walks Learn more about the flora and fauna in RGPS
Parent Volunteers	<ul style="list-style-type: none"> Booth on Axolotl, a critically endangered species illegally kept as pets in Singapore
ACRES / Our Wild Neighbours	<ul style="list-style-type: none"> Partner for Biodiversity Day assembly talk and Primary 5 Green Ambassadors training programme Proceeds from the sale of ACRES merchandise will go towards animal conservation <ul style="list-style-type: none"> Wildlife stickers are priced at \$0.50 each, 5 for \$2 Wildlife stamped notebooks are \$3 each Elephant keychains are \$3 each

We hope that these activities will inspire our students to become more mindful of their impact on the environment and to take action to protect the natural world. We look forward to seeing all our students taking part in the celebration of Biodiversity Day!

For any enquiries on the above activities, do contact Ms Lim Zi Hui at lim_zi_hui@schools.gov.sg.

6. Alumni Association Holiday Programme

We would like to invite you to sign up for RGPS Alumni Association (AA)'s inaugural holiday programme. These workshops are curated with the aim of enriching learning through fun and challenging experiences. In addition, our parent-child workshops will give you the opportunity to enjoy some family bonding time.

Programme	Synopsis	Dates	Fees	Registration Link
Debate Camp	Develop communication and critical thinking skills through a fun and focused debate camp.	<u>Primary 1 to 3:</u> 6 and 7 June 9.00am to 1.00pm <u>Primary 4 to 6:</u> 6, 7 and 8 June 9.00am to 1.00pm	\$360 (non-AA members) \$320 (AA members) \$540 (non-AA members) \$480 (AA members)	<u>Primary 1 to 3:</u> https://tinyurl.com/debatep1-p3 <u>Primary 4 to 6:</u> https://tinyurl.com/debatep4-6
Father-and-Daughter Baking Workshop	Celebrate Father's Day through baking together and bring home either quiches or bread and butter.	<u>Quiche Making:</u> 17 June 9.30am to 12.30pm <u>Bread and Butter:</u> 18 June 9.30am to 12.30pm	\$95 per pair (non-AA members) \$90 per pair (AA members) Additional parent or child pays \$40 each	<u>Quiche Making:</u> https://tinyurl.com/makequiche <u>Bread and Butter:</u> https://tinyurl.com/makebreadandbutter

Growth Mindset Workshop (Parent and child)	Using C.A.R.E learning methodology, unlock your child's learning potential from "We can't" to "We can together!"	10 June 9.00am to 12.00pm	\$175 per pair (non-AA members) \$165 per pair (AA members) \$87.50 Additional Child (non-AA) \$82.50 Additional Child (AA)	https://bit.ly/rgps_aagrowth
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For any enquiries on the above activities, do contact connect@rgpsalumni.org.sg for any queries.

7. P4 Parent-Teacher Conference

The school believes in the importance of maintaining a close working partnership with our parents/guardian for the growth of our students and has established different channels to communicate with you.

We have organised Parent-Teacher Meetings at the beginning of the year to brief you on school matters. Subject teachers also used Parents Gateway (PG) to update you regularly on subject matters. Form and subject teachers will also call or email you to discuss about your child's/ward's growth and progress in school.

We will continue to leverage on the strong partnership with parents/guardian in our upcoming Parent-Teacher Conference (PTC).

You will receive an invitation via PG on **18 May** if the subject teachers of your child/ward needs to meet you on 26 May to discuss the progress of your child/ward. You can book an appointment with the respective subject teacher(s) via PG from **18 May (8.00am) to 23 May (11.30pm)**.

Parents/Guardian who do not receive an invitation can email the subject teachers to arrange for a meeting should you wish to meet.

If you have booked a slot, the respective subject teacher(s) will inform you of the Zoom meeting ID and password by **25 May, 11.30am** via PG.

PTC will be conducted via video conferencing (Zoom). If you are unable to set up Zoom or meet via video conferencing, please email the respective subject teacher(s) to make alternative arrangements.

We appeal to parents/guardian to limit the discussion to a maximum of **15 minutes** to allow other parents/guardian to meet the teachers punctually.

Lunch break for teachers will be from **11.30am to 12.30pm on 26 May**.

For any enquiries on the Parent-Teacher Conference, do contact Mdm Janice Yeo at yeo_hwei_hwei_janice@schools.gov.sg.

8. P4 & P6 NAPFA Test

The school will be conducting our annual National Physical Fitness Award (NAPFA) Test from 16 May to 25 May 2023.

The NAPFA test is **COMPULSORY** for all P4 and P6 pupils.

Pupils with medical exemption will have to produce a letter from the doctor. Please refer to the list of accepted exemptions overleaf.

Pupils on temporary exemption (e.g. MC on days of the test) will have to do the test on another day in Term 3. Pupils will be informed of the test date in Term 3.

We will be conducting the NAPFA Test in the morning during curriculum time. The 1.6km Run/Walk will be conducted at the National Junior College (NJC) running track and the 5 Static Items will be conducted at our school Indoor Sports Hall (ISH). Please refer to the NAPFA Test schedule overleaf for details.

NAPFA Test Schedule for P4 and P6 level

TEST ITEM	DATE/ DAY	CLASS	TEST TIME	VENUE
1.6km Run/Walk	16 May Tuesday	4A, 4B, 4E, 4F 6A, 6C, 6D, 6E, 6F	7.30 am to 10.30 am	NJC Running Track
	17 May Wednesday	4C, 4D, 4G, 4H, 4I 6B, 6G, 6H, 6I	7.30 am to 10.30 am	
	18 May Thursday	Standby for bad weather make-up 1.6km run/walk	7.30 am to 10.30 am	

TEST ITEM	DATE/ DAY	CLASS	TEST TIME	VENUE
5 Static Items	22 May Monday	4A, 4B 6A, 6B, 6C	8.00 am to 1.20 pm	RGPS ISH
	23 May Tuesday	4C, 4D 6D, 6E	8.00 am to 1.20 pm	
	24 May Wednesday	4G, 4H, 4I 6H, 6I	8.00 am to 1.20 pm	
	25 May Thursday	4E, 4F 6F, 6G	8.00 am to 1.20 pm	

Exemption from the NAPFA Test

The following categories of students are to be completely exempted from the NAPFA test:

- Students with medical problems (e.g. heart problems, soft bones, etc), as advised by doctors from the School Health Service (SHS) after the annual medical check-ups.
- Students with medical certificates for serious/long illnesses (e.g. cancer, hole in the heart, etc).
- Students with physical handicaps (e.g. one hand without fingers).
- New cases of severely overweight students who have yet to obtain a certification of fitness from SHS.

The following categories of students are to be exempted from the NAPFA test for this year if they have less than two months of training before the test date:

- Students recovering from fractured arm/foot/leg.
- Students who have just recovered from illnesses such as chicken pox and dengue fever.

The following categories of students are to be exempted from the NAPFA test on the test days and should take the test two weeks after they have recovered:

- Students with medical certificates.
- Students with parents' letters stating that they are not well.
- Students whom teachers observe to be unwell.
- Students who report sick.
- Students with minor illness such as mild flu, cold and cough (without chest infections), slight fever, menstrual cramps and diarrhoea.
- Students who have taken Covid vaccination should be resting for 2 weeks.

For any enquiries on the NAPFA Test, do contact Ms Sharifah Maznah at sharifah_maznah_salim_bamasri@schools.gov.sg or Mr Ho Kai Huat at ho_kai_huat@schools.gov.sg.