



RAFFLES GIRLS' PRIMARY SCHOOL

21 Hillcrest Road, Singapore 289072. Tel: 64684377 Fax: 6469 2024

RGPS/N23/P5/013

March 2023

Dear Parents/Guardian

2023 P5 MARCH CIRCULARS

The upcoming March holidays will be from 11 to 19 March and we wish all a restful break. We will see all students back in school on 20 March to start off Term 2.

In this set of circulars, you will find the information on the following programmes. Please refer to the table below for a list of circulars which you will be receiving. We seek your cooperation to follow up accordingly and adhere to the submission dates.

If you require any clarifications, you may contact the General Office at 6468 4377 or email the teacher-in-charge as indicated accordingly.

S/N	Item	Remarks
1	Share-An-Umbrella Initiative	
2	Health Fair- Get Fit, Eat Right	Bring extra cash and your own containers for purchase of the food items at the fair.
3	Raising Safe Digital Citizens Webinar for Parents	Register interest via the link provided.
4	Singapore Sports School Sports Clinics	Registration details are on the attached PDF.

Thank you

Your Partner in Education
Mrs Elaine Quek
Principal

1. Share-An-Umbrella Initiative

RGPS is delighted to present an initiative by the Value Ambassadors Executive Committee leaders. They are planning to launch their Share-An-Umbrella Project, which is an umbrella loan scheme, where students can borrow umbrellas from the school during rainy days. These umbrellas will be placed at the back of the canteen, behind the hot drinks store. Your child/ward will be briefed during morning assembly at the start of Term 2.

To make this project a success, we require your help to remind your child/ward to dry the umbrella after use and to return it to the rack the next day. If the umbrella is broken after use, please let your child/ward bring it back to school as we monitor the number of umbrellas. You may also wish to support us by donating an umbrella that is in good condition. Your child/ward can leave the donated umbrellas at the same place behind the canteen.

We believe that this project will not only help the students in need but will also inculcate a sense of responsibility in them. We hope that you will support our young leaders in this noble cause.

Thank you for your continuous support. For any enquiries on this initiative, do contact Mdm Ho Shwu Huey at ho_shwu_huey@schools.gov.sg.

2. Health Fair- Get Fit, Eat Right

Our school will be organising our annual Health Fair in Term 2 Week 1, 20 -24 March 2023. The fair aims to encourage students to lead a healthy lifestyle through two main areas:

- 1) Get fit through participation in physical activities
- 2) Eat right by choosing healthier food or snack options

We will be collaborating with the school's canteen vendors, the RGPS Parent Volunteer Group (PVG) and external vendors for this fair to bring in healthy food options for the pupils.

If your child/ward would like to purchase the food items during the Health Fair Week, do allow her to **bring sufficient cash** for the purchase of these healthy food items throughout the week as they cannot be paid using their POSB smart watches.

In support of our school's direction, Grow Green and Love Earth, do encourage your child to **bring along their own containers** for the purchase of the Trail Mix.

Inline Skating Workshop:

This year, we are engaging a vendor to run the Inline Skating Workshop to encourage both parent and child to meaningfully bond through the learning of a new skill. The session can accommodate up to 50 pairs of parent and child. This workshop is specially for students who are new to inline skating as it is catered for beginners.

To facilitate the vendor in their planning and preparation for the workshop, we would require you to indicate your interest via this link: <https://forms.moe.edu.sg/forms/J5lByv>.

We will notify you via email if you are successful in signing up for the session by 10 March 2023.

Activities planned for students:

Date	Get Fit Activities	Eat Right Activities
Monday, 20 March	"Kidney Hunt" by National Kidney Foundation	<u>Canteen Stall 1</u> <ul style="list-style-type: none"> Banana Shake Watermelon Shake \$1.50/cup <u>Canteen Stall 5</u> <ul style="list-style-type: none"> Shredded Chicken Noodle Small - \$1.50, Large - \$2.00 <u>Canteen Stall 10</u> <ul style="list-style-type: none"> Coconut Shake \$1.80/cup
Tuesday, 21 March		<u>Canteen Stall 6</u> <ul style="list-style-type: none"> Shredded Chicken Porridge (Halal) Small - \$1.50, Large - \$2.00
Wednesday, 23 March	<u>Games by PVG</u> Calorie Buster	<u>Canteen Stall 9</u> <ul style="list-style-type: none"> Pasta Giardino Pomodora (Garden pasta with tomato) Small - \$2.30 Medium - \$2.80 Large - \$3.20
Thursday, 24 March		<u>Canteen Stall 10</u> <ul style="list-style-type: none"> Coconut Shake \$1.80/cup <u>Food Stall by PVG</u> <ul style="list-style-type: none"> Trail Mix- A combination of healthy cereal, grains, seeds, dried fruits and nuts (Ingredients are Halal) No nut option is available for those with allergies \$1/serving
Friday, 25 March	<u>Parent-Child Activity</u> Venue: School Hall 2.30-4.30pm <ul style="list-style-type: none"> Inline Skating Workshop by Skate With Us (for beginners only) Open to the first 50 sign-ups Parents are only allowed to walk into the school from 2.15pm onwards. If you are driving, do park at the nearby estate area outside the school. 	<u>Canteen Stall 4</u> <ul style="list-style-type: none"> Cabbage rice \$1.50/portion <u>Food Stall by PVG</u> <ul style="list-style-type: none"> Frozt Popsicle (Halal) \$1.80 each

For any enquiries on this event, do contact Ms Farhani Hanafi-Shuy at noor_farhani_hanafi@schools.gov.sg.

3. Raising Safe Digital Citizens Webinar for Parents

We would like to invite you to sign up for a Parents' Webinar on Raising Safe Digital Citizens organised by Cyberlite. Cyberlite is a social impact agency set out to deliver cyber education in a way that is both memorable and engaging. The speaker, Nina Bual is a child Cybersafety expert who is a co-founder of Cyberlite and co-author of 'Ready, Set, Connect!' and 'Me, You, and Them'.

The webinar aims to offer expert insight into how kids are interacting with technology in today's world. It delves into the malicious actors that are lurking on the popular sites children actively visit, such as YouTube, Snapchat, and TikTok, and what parents can do about it. There will also be discussions on how parents can teach critical thinking at home and establish cyber rules as a family to ensure safe internet use. A list of tools, apps, parental control tips, and actionable items parents can introduce to help raise safe digital citizens at home will be shared by the speaker as well.

The webinar will be held on Sunday, 5 March from 10.00 a.m.-11.00 a.m. To attend, do register your interest via this link: [Webinar Registration - Zoom](#)

Thank you and we hope you will have a meaningful session.

4. Singapore Sports School Sports Clinics

Singapore Sports School (SSP) is pleased to offer sports programmes and clinics for the students, particularly those who are keen in sports and are interested to join SSP to pursue their sports and education.

Attached is a 'poster' with all the programmes. You may find the details for registration here.

For any enquiries on this event, do contact Ms Sharifah Maznah at sharifah_maznah_salim_bamasri@schools.gov.sg.