



RAFFLES GIRLS' PRIMARY SCHOOL

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Our Ref: RGPS/N24/P1/007

Date: 8 March 2024

Dear Parents/Guardian,

P1 Term 1 PE, Art & Music updates

Physical Education

We have come to the end of Term 1 and here are some updates on the lessons conducted in P1 PE. The students have been taught the following skills. They have also learnt some health-related topics based on the Physical Education Journal.

Games and Sports

1. Roll using the underhand movement pattern, small to medium-sized objects towards a large target.
2. Catch using two hands, a ball rolled from a partner and a medium-sized ball thrown by a partner.
3. Catch using one or two hands a self-bounced ball at different levels.
4. Throw using the 2-handed overhead throw movement pattern, a medium-sized ball towards a large target at least 5 meters away, at different levels.
5. Throw using the overhand movement, small objects towards a large target, at least 5 meters away.

Physical Education Journal

This term, students learnt more about taking care of themselves by understanding and applying general safety and road-related safety in their daily lives. For the topic on general safety, they learnt how to prevent themselves from getting into accidents by keeping safe and using the "Look, Think, Do" thinking routine to help them make responsible decisions. They were also taught how to behave responsibly in the canteen and at the playground. For road safety, they can identify the different types of pedestrian crossing and know the road safety rules to keep safe on the road.

All these components formed the basis of their assessment. Through the activities carried out, the students also learnt values like sportsmanship, teamwork and responsibility in using and keeping the equipment. Generally, students have performed well in their assessment and are able to show their understanding in both physical and health components.

Health Fair Week

During the Health Fair Week this year, the students were introduced to various healthier snack and meal options from external vendors and the canteen stall vendors. The parent volunteers supported the programme by mending two booths selling fruits, vegetables and the Trail Mix healthy snack. To culminate the experience, some students also attended the parent-child Skateboarding workshop to pick up a new skill.

During the March break, we greatly encourage the students to stay active as much as possible. They could practice the above skills that they have learnt this term as well.

Best regards,
Ms Teo Siew Huai
Primary 1 PE Level Representative

Art

In the P1 art class this term, students learnt to observe shapes and colours of facial features as they worked collaboratively to draw a portrait. In interactive class discussions, students appreciated and studied some artworks of artists. Inspired by Giuseppe Arcimboldo's "Vertumnus", students created a portrait with drawings of fruit, vegetables and flowers.

Students were tasked to look for 'found objects' from home to bring to class in order to arrange and create a self-portrait structure with these materials.

The lessons provided ample opportunities for students to identify simple visual qualities in what they see around them as well as nurture their creativity. Students were observed to be engaged and learning well in the art lessons.

Every P1 student received a sketchbook for them to document their learning. They will continue using this sketchbook in Primary 2. In the long run, we hope the students would be able to capture and produce all their progressive inputs in their sketchbooks from Primary One till Primary Six.

Best Regards,
Ms Cheng Sok Mun
Primary 1 Art Level Representative

Music

Students were exposed to a variety of children songs. Appropriate movements were created as the girls recited and moved to the music. Students were taught to read simple notation and rhythmic syllabus such as crotchet ('ta') and quaver ('ti') so as to be able to recite and clap the rhythm of the songs confidently. Students also learnt to identify and play the different percussion instruments in class. As listening is a key process in music education, students are encouraged to listen attentively and thoughtfully during the creation and performance process with their peers.

To encourage interaction, class assignments were designed to have students to work in small groups and as a whole too. Through these activities, students were able to demonstrate teamwork and they learnt to respect each other's opinions graciously especially when selecting their choice percussion instrument for their group's performance.

All students were given a song booklet for this semester. We would like to cultivate a sense of responsibility in our students and we seek your cooperation to ensure that they bring their song booklet weekly during music lessons.

Do also keep a lookout for our annual RGPS Got Talent showcase, which is a platform for students to showcase their talents. Students who are interested to participate in RGPS Got Talent can refer to the March consolidated PG for more details regarding the submission. The submission will open on 6 March. We look forward to your child's/ward's entry.

Best Regards,
Mrs Amy Ng
Primary 1 Music Level Representative