

RAFFLES GIRLS' PRIMARY SCHOOL

21 Hillcrest Road, Singapore 289072. Tel: 64684377 Fax: 6469 2024

RGPS/N24/P5/009

7 February 2024

Dear Parents/Guardian

2024 P5 FEBRUARY CIRCULARS

To families who are celebrating the Chinese New Year, we wish you a happy and prosperous Lunar New Year in advance. May the new year bring you happiness, prosperity and good health.

In this set of circulars, you will find the information on the following programmes. Please refer to the table below for a list of circulars which you will be receiving. We seek your cooperation to follow up accordingly and adhere to the submission dates.

If you require any clarifications, you may contact the General Office at 6468 4377 or email the teacher-in-charge as indicated accordingly.

| S/N | Item | Remarks |
|-----|--|---|
| 1 | Chinese New Year Celebration on 9 February 2024 | |
| 2 | Hong Baos (Red Packets) Recycling Initiative | |
| 3 | Commemoration of 40 years of Total Defence 2024 | |
| 4 | Health Screening | Please refer to attachment Annex A |
| 5 | Give@RGPS 2024 | Please refer to schedule given in announcement below. |
| 6 | Health Fair 2024 | |
| 7 | Cyberwellness Week 2024 | |
| 8 | Invitation to Participate in Festive Greeting Cards Design | Deadlines in circular. |
| 9 | Invitation to Participate in Live Performance for Mother Tongue Language Fortnight | Deadline on 16 February 2024 |
| 10 | Invitation to Participate in Publications of Chinese Literature Writings by RGPS students | Deadline on 29 March 2024 |
| 11 | Invitation to Participate in RGPS Talentime 2024 for P3-6 students | Deadlines in circular. |
| 12 | Parenting Support Services - Positive Parenting Programme | Please refer to attachment Annex B |

Thank you.

Your Partner in Education Mrs Elaine Quek Principal

1. Chinese New Year Celebration on 9 February 2024

The school will be celebrating Chinese New Year on <u>9 February 2024, Friday</u>. Students will report to school at 7.30am and be dismissed from school at **10.30am**. As indicated in the Calendar of Events issued on 28 Dec 2023, kindly note that 12 & 13 February are public and school holidays respectively. Students will return to school on Wednesday, 14 February.

1.1. <u>Attire</u>

To create a festive mood for the occasion, students are encouraged to wear their ethnic costumes on that day with school shoes. If your child/ward prefers not to wear her ethnic costume, she is required to come in school uniform.

1.2. Things to bring

There will be <u>**no**</u> lessons on that day. Students are required to bring the following items for their classroom activities during the CNY celebration:

| Level | Things to bring for classroom activities | | |
|--------|--|--|--|
| P1, P2 | Writing materials, colour pencils/markers, | | |
| | (optional: recycled magazines, Scissors, Glue) | | |
| P3, P4 | Writing materials, colour pencils/markers, | | |
| | Scissors, Glue | | |
| P5, P6 | Writing materials, colour pencils/markers, | | |
| | Stapler, Scissors | | |

There will be snack time as per normal school day. Please also ensure that your child/ward brings food for their snack break in class.

1.3. Dismissal

Do make the necessary transport arrangements if your child does not take the school bus home. Parents /Guardian will only be allowed to drive in to pick up the students after **10.45am**. Please observe traffic rules around the school and do not come to school earlier than the stipulated pick-up time for school dismissal. Enforcement actions may be taken against vehicles found parking indiscriminately or waiting before 10.40 am.

As part of Safe Management Measures, dismissal at Gate 1 will be staggered according to the following timings:

| Time | Levels |
|---------|------------|
| 10.20am | P1 |
| 10.25am | P2, P3 |
| 10.30am | P4, P5, P6 |

For any enquiries on this event, please contact the General Office at 6468 4377.

2. Hong Baos (Red Packets) Recycling Initiative

The tradition of giving and receiving hong baos (red packets) during Lunar New Year is cherished by many of us. However, we also recognize the environmental impact of discarding these red packets after use. In partnership with Bukit Timah Youth Network and Geneco, we will be placing a special collection bin just outside the General Office for the purpose of recycling the used hong baos. Starting from Wednesday, 14 February, until Wednesday, 28 February, students are encouraged to deposit their used hong baos into this bin. To facilitate the recycling process, we kindly request that students empty the contents of the red packets before placing them in the bin. We thank you for your support in encouraging your child/ward to participate in this meaningful activity.

3. <u>Commemoration of 40 years of Total Defence 2024</u>

2024 marks 40 years of Total Defence (TD40) in Singapore. As part of our commemoration of TD40 this year, our students will experience a food disruption simulation in school on 15 February 2024.

This TD40 Exercise aims to prepare students for potential disruptions to our food supply chain due to climate change, protectionism, or geopolitical tensions etc., given Singapore's reliance on food imports.

The canteen will not serve any form of meat (e.g. chicken, fish, pork and seafood) on that day so as to encourage students to be flexible in food choices and be open to protein alternatives in the event of such disruptions. Please support us by not including any meat items for your child's/ward's snack or lunch unless she has a specific dietary requirement.

There will also be fun-filled activities conducted by our PVG during recess from 15 February to 16 February to show students that they can respond by doing something to adapt to any disruptions. Following the exercise, students will reflect on their experience and share their thoughts and feelings with their classmates through a guided discussion.

Parents/Guardians may wish to engage your child/ward in sharing her experience with you and reinforce the important notion that everyone has a part to play in Singapore's Total Defence effort.

One aspect of Total Defence involves safeguarding youth from exposure to radical information, including in the cyberspace. To know more about how to safeguard your child/ward, you are encouraged to read the pamphlet "Protecting our Youth from Radicalisation and Extremism" on the Parents' Gateway Parenting Resources Repository (Cyber Wellness category).

Thank you for your continued support for Total Defence.

If you have any questions or concerns, please contact Ms Cassandra Quek (SH CCE) at <u>quek_sock_cheng@schools.gov.sg</u>

4. <u>School Health Screening by HPB</u>

The Health Promotion Board (HPB) will be conducting the annual school health visit at our school from **26 February 2024** to **8 March 2024**. Please refer to Annex A_School Health Visit for more information.

To find out more about the HPB immunisation during the school visit, please visit the following link for more information about the recommended age-appropriate vaccinations:

https://www.healthhub.sg/programmes/parent-

hub/student_immunisation_and_screening#:~:text=During%20the%20school%20visit%2C% 20the

5. <u>Give@RGPS 2024</u>

Give@RGPS is a school-based project which builds and cultivates character and citizenry by providing opportunities for students' self-leadership, initiative, and involvement in school improvement.

Primary 1 to 3 students will be guided by their form teachers in the Give@RGPS project. They will reflect on their school experiences and pledge a kind deed for someone in the school community or to improve the school environment. Thereafter, students will exercise self-leadership in striving to fulfil their pledges.

Primary 4 to 6 students are encouraged to propose self-initiated projects to contribute to improving the school or community. Students who are interested to do so can submit a proposal online. The link to submit their proposals will be posted on SLS in Term 1 Week 8. Teacher mentors will be assigned to the groups of students whose proposals are selected for implementation.

| Level | Start of Project | What Pupils Will Do | Project Type |
|----------|------------------|---|---|
| P1 to P2 | Term 2 Week 2 | - pledge a kind deed - fulfil the pledge | Guided by form teachers (will be done in class) |
| P3 | Term 1 Week 8 | | |
| P4 to P6 | Term 1 Week 8 | submit a proposal online if project is chosen, embark on project under the guidance of teacher mentors | Self-initiated |

Please refer to the table below for a summary of Give@RGPS:

We hope you can encourage your child/ward to participate in the Give@RGPS project.

Thank you for your support. For any enquiries on this project, please contact Ms Cassandra Quek (SH CCE) at <u>quek_sock_cheng@schools.gov.sg</u>.

6. <u>Health Fair 2024</u>

Our school will be holding our annual Health Fair in Term 1 Week 8, 19 – 23 February 2024. The fair aims to encourage students to lead a healthy lifestyle through two main areas:

- 1) be active through participation in physical activities
- 2) eat right by choosing healthier food or snack options

We will be collaborating with the school's canteen vendors, the RGPS Parent-Volunteer Group (PVG) and external vendors for this fair to bring in healthy food options and various physical activities for the students.

If your child/ward would like to purchase the food items during the Health Fair Week, do allow her to **bring sufficient cash** for the purchase of these healthy food items on 22 February, Thursday and 23 February, Friday as the items cannot be paid for using their POSB smart watches.

In support of our school's direction, Go Green and Love Earth, do encourage your child to **bring along their own containers** for the purchase of the Trail Mix and a **reusable bag** for the purchase of fruits and vegetables.

Skateboarding Workshop:

This year, we are engaging a vendor to run a Skateboarding Workshop to encourage both parent and child to meaningfully bond through the learning of a new skill. The programme is open to the first 50 pairs of parent and child signups. This workshop is specially for students who are new to skateboarding as it is catered for beginners.

To facilitate the vendor in their planning and preparation for the workshop, please indicate your interest via this link: <u>https://forms.moe.edu.sg/forms/J5IByv</u>.

We will notify you via email if you are successful in signing up for the session by 16 February 2024. Kindly note that only successful applicants will be informed.

7. Cyberwellness Week 2024

Safer Internet Day is celebrated every February of the year. It is an annual global initiative to promote safer and more responsible use of online technology and mobile devices among children and young people. The theme for Safer Internet Day this year is "*Nurturing Healthy Habits in the Digital Age".*

As a school, we will be commemorating our Cyberwellness Week in line with the Safer Internet Day initiative from the 5 to 8 February. Through the school-based activities, the students will learn skills in these four domains - Cyber Safety, Cyber Kindness, Cyber Awareness and Cyber Brave.

As an extended family activity, we would like to encourage you and your child/ward to nurture healthy habits in the digital age by committing to a **Screen-Free Weekend** during the Lunar New Year weekend on 10 and 11 February and replace screentime with a family-bonding activity (i.e. playing a sport, going out for a hike, spending time with relatives, playing board games) instead.

8. Invitation to Participate in Festive Greeting Cards Design

If your child/ward has an interest in art, do encourage her to take part in the design activity below:

Requirements:

| Event | Design Theme | Deadline for design | Size of Artwork | Medium |
|-------------------------|--|------------------------|-----------------|--------------------|
| Hari Raya Aidilfitri | Selamat Hari Raya Aidilfitri | 1 April 2024 | A5 | Artist's choice |
| Deepavali | Happy Deepavali Suggested drawings: oil lamps, rangoli, sparkles, character Indian traditional clothes | 31 May 2024 | A5 | Artist's choice |
| Christmas | Merry Christmas | 8 November 2024 | A4 | Artist's choice |

The designs will be used as e-greeting cards to be sent to our stakeholders. The following designs were some that were selected for use in 2022 and 2023.



There are no restrictions to the number of designs students can submit. Students are to submit the hardcopy of their designs to their Art Teachers in 2024 or to the General Office, attention to Ms Ho Soo Peng. Remember to include your **full name and class**, together with your design.

Important notes:

- This event is not a competition. Only suitable designs will be selected. A certificate/letter of acknowledgement will be awarded to students whose designs are selected. Only shortlisted participants will be notified.
- Late submissions will not be entertained and judges' decision will be final.
- By submitting their artwork, students agree to assign the copyright of their artworks to the school, even if the artworks are not selected for use. All copies of the artworks will be retained by the school.

Thank you and we look forward to your child's/ward's participation!

For any enquiries, please contact Ms Ho Soo Peng at ho_soo_peng@schools.gov.sg

9. Invitation to Participate in Live Performance for Mother Tongue Language Fortnight

Our school will be organising Mother Tongue Language (MTL) Fortnight towards the end of the Term 1 (Term 1 Week 9 and 10). The MTL Fortnight activities aim not only to create an immersive environment for the learning of MTL but also to provide platforms for students to actively learn their MTL and the culture associated with it so as to experience their MTL as 'a living language'.

This year, we would like to invite you to be part of this event. We are dedicating a day for parents, students, and staff to put up a live performance relating to our Mother Tongue language and culture during the recess timings. This live performance can be in a form of singing a song in your Mother Tongue language, performing a traditional dance or playing a traditional musical instrument.

It will be held on Wednesday, 6 March at 8:30am – 11:30am at the school canteen. The slots will be on a first come first serve basis. Do register your interest via the formSG link below:

https://form.gov.sg/65a9a5776a35d300120a50e9

We strongly encourage you to be a part of this and create memorable experiences for the students. We look forward to your participation!

For any enquiries, please contact Ms Shaheda Salim at shaheda_salim@schools.gov.sg

10. <u>Invitation to Participate in Publications of Chinese Literature Writings by RGPS</u> <u>students</u>

If your child/ward has an interest in art, do encourage her to take part in the design activity below:

Requirements:

| Event | Design Theme | Deadline for design | Size of Artwork | Medium |
|---|---|------------------------|--------------------|---|
| Publications of Chinese Literature Writings by RGPS students | Animal Kingdom (动物世界) Love the Earth (热爱地球) Enriching School Life (多姿多彩的校园生活) My Holiday (我的假期生活) The future world (未来的世界) Life has taught me (生活让我学会了) Front cover Back cover | 29 March 2024 | A4 | Markers or Digital drawing (Images should be sharp and vivid) |

The designs will be used as the cover page, the back cover and for six-themed sections.

There are no restrictions to the number of designs students can submit. Students are to submit the hardcopy of their designs to their Art Teachers or to the General Office, attention to Ms Ho Soo Peng. Students are to remember to include their **full name and class**, together with their designs.

Important notes:

- This event is not a competition. Only suitable designs will be selected. A certificate/letter of acknowledgement will be awarded to students whose designs are selected. Their names will also be printed next to their designs in the publication. Only shortlisted participants will be notified.
- Late submissions will not be entertained and judges' decision will be final.
- By submitting their artwork, students agree to assign the copyright of their artworks to the school, even if the artworks are not selected for use. All copies of the artworks will be retained by the school.

Thank you and we look forward to your child's/ward's participation!

For any enquiries, please contact Ms Ho Soo Peng at ho soo peng@schools.gov.sg

11. Invitation to Participate in RGPS Talentime 2024 for P3-6 students

Talentime is an annual school competition that brings together the best singing and dancing talents in RGPS. This competition is open only to P3, 4, 5 and 6 students. They can either sign up for the solo or the group (max. of 3 members) categories for both singing and dancing. Music teachers will brief their classes regarding the details of the event during their music lessons from February onwards.

To better prepare our students who are interested to participate in the singing category, we have invited Ms Christiane Wong, a professional singer/writer, to provide some tips on how to choose a suitable song, as well as learn more about vocal projection. This will be conducted via zoom. Remember to remind your child/ward to provide her name and class during the zoom session so that we can identify them easily.

| Date & Time | Activity | Remarks |
|---|---|--|
| 21 Feb (4p.m. to 5p.m.) 22 Feb (4p.m. to 5p.m.) 23 Feb (2p.m. to 4p.m.) (Choose ONE of the slots) | Zoom session conducted by Ms Christiane Wong | For students who are interested in the <i>singing</i> <i>category</i> only: <u>https://moe-</u> <u>singapore.zoom.us/j/9122618329?omn=87072170420</u> Meeting ID: 912 261 8329 Passcode: ttsinging |
| 26 Feb to 8 Mar | Submission of child's/ward's audition video | Submit to <u>RGPSTT@gmail.com</u> Name the subject title of your email as Your Child's/Ward's Name_Class_Cateogry (e.g. Sarah Teo_4G_Solo Singing) For group submission, please include the names and classes of all the students participating. They can be from different classes and/or levels. |

Students who are interested in the event are to take note of the following dates in the table below.

| | | No previously recorded videos will be allowed. Your child's/ward's video must be recently recorded <u>FOR</u> <u>THE PURPOSE OF THIS COMPETITION</u> . |
|---|-------------------------|--|
| 9 Mar to 17 Mar Shortlisting of students for Talentime by teachers Shortlisting of students for Talentime by | | The decision of the school is final. We will not entertain any appeals. |
| 18 MarRelease of shortlisted finalistsResults wi canteen. | | Results will be put up on the Aesthetics Board in the canteen. |
| | | All shortlisted finalists from the singing category only (solo & group) are to report to Music room 3. |
| Date & Time | Activity | Remarks |
| 2 Apr (2p.m. to 5p.m.) | Full dress rehearsal | All shortlisted finalists from the dancing category only (solo & group) are to report in the school hall. |
| | | All shortlisted finalists are to report in the school hall by 10a.m. after their recess. |

Should your child/ward be one of the selected finalists, kindly make arrangements for her transportation home during the rehearsal days if necessary.

I look forward to your child's/ward's participation.

For any enquiries, please contact Mrs Amy Ng at <u>amy_kwek_gek_li@schools.gov.sg</u>

12. <u>Parenting Support Services - Positive Parenting Programme</u>

The Positive Parenting Programme (Triple P) is an evidence-based programme that equips parents with techniques to promote their children's (aged up to 16 years) psychological, social, and emotional competence. It is built on a tiered system that provides different degrees of parental support. An introduction video may be viewed here:

https://drive.google.com/file/d/1VQUKB4rb6srZKShv94ndq5-6LZrf41GV/view?usp=sharing

Lakeside Family Services has been appointed by MSF since 2019 to deliver parenting support services to Raffles Girls' Primary School.

In the attached flyer, there is a link to indicate your interest for the various parenting programmes and receive the appropriate level of support.

You may also click on the link here: <u>https://go.gov.sg/lfs-ngform2024</u>.

Your responses will be kept strictly confidential, and any further consultation with Lakeside Family Services will not be shared with the school without your consent.

On top of parenting support, Lakeside Family Services can also channel you to other relevant community resources to support your family more holistically. All the services are fully sponsored by MSF.

Below are the dates for this year's Triple P Parenting Seminar Series. Nearing the date of the first seminar, more details (including the registration link) will be sent out via Parents Gateway.

| Seminar Topics | Run 1 (Tues) 12.00pm - 1:30pm | Run 2 (Thurs) 8.00pm - 9:30pm | Run 3 (Sat) 9.00am - 11.30am/11.00am | |
|--|---|---|---|--|
| Mode of delivery | Zoom | Zoom | Onsite Bukit Timah Conference Centre @ Bukit Timah Shopping Centre | |
| Seminar 1: The Power of Positive Parenting | 2 April 2024 (Tues) 12.00pm - 1.30pm | 4 April 2024 (Thurs) 8.00pm - 9.30pm | • 6 April 2024 (Sat) 9.00am - 11.30am | |
| Seminar 2: Raising Confident, Competent Children | 9 April 2024 (Tues) 12.00pm - 1.30pm | 11 April 2024 (Thurs) 8.00pm - 9.30pm | | |
| Seminar 3: Raising Resilient Children | 16 April 2024 (Tues) 12.00pm - 1.30pm | 18 April 2024 (Thurs) 8.00pm - 9.30pm | 13 April 2024 (Sat) 9.00am - 11.00am | |

For any enquiries, please contact pss@lakeside.org.sg.