



RAFFLES GIRLS' PRIMARY SCHOOL

21 Hillcrest Road, Singapore 289072. Tel: 64684377 Fax: 6469 2024

Our Ref: RGPS/N24/P6/016

Date: 6 March 2024

Dear Parents/Guardian,

P6 Term 1 PE, Art & Music updates

Physical Education

We have come to the end of Term 1 and here are some updates on the lessons conducted in P6 PE. The students have been taught the following skills. They have also learnt some health-related topics based on the My Physical Education Journal.

Games and Sports (Net-Barrier)

- Spatial awareness
- Sending object to open space
- Returning to central base position in order to continue the sparring.
- Adopting an athletic stance when getting ready to receive
- Supporting teammates in 2v2 and 3v3 game situations

Through activities like modified volleyball, badminton and mini-tennis, students are able to execute these skills well. Generally, students have performed well and shown good understanding on the concept of Net-Barrier Game.

Athletics

- Running
 - Standing Start and Crouch Start
 - Baton passing for Relay.
 - Running while jumping over obstacles.
 - Sustaining a pace over a long run.

As the Athletics module will continue in Term 2, some of the abovementioned components might be covered only in Term 2.

My Physical Education Journal

- Understanding the importance of having a balanced diet and engaging in physical activities.
- Health-related Fitness and Skill-related Fitness.
 - The various components of the different type of fitness.
 - How they perform in each of the Skill-related Fitness Component.
 - How to train for each component.

Health Fair Week

During the Health Fair week this year, the students created and taught a game to be played by their classmates in a carnival style. They were also introduced to various healthier snack and meal options from external vendors and the canteen stall vendors. The parent volunteers supported the programme by mending two booths selling fruits, vegetables and the Trail Mix healthy snack. To culminate the experience, some students also attended the parent-child Skateboarding workshop to pick up a new skill.

During the term break, students are encouraged to be physically active and adopt an active and healthy lifestyle.

We hope that the students will continue to do their best and always strive to better themselves as they venture out in the other modules planned for them in the next term.

Best regards,
Mr Yeo Eng Wee
Primary 6 PE Level Representative

Art

In Term 1, the students embarked on their 6-week ceramics project to create a vessel inspired by natural elements. Prior to the ceramic lessons, the students learnt about land art and were introduced to Andres Amdore, a land artist. As they watched a video interview with Andres Amdore, they appreciated the transient nature of land art, his artmaking process, motivation and challenges he faces. They then went around the school and had fun working collaboratively to create their own land art with materials found in the environment. They also drew a mindmap on a land artist of their choice. To gather ideas for their ceramics project, the students researched on various natural elements and drafted their vessel designs inspired by natural elements in their sketch book.

Built upon their experience, skills and knowledge gained in primary four and five, the students were challenged to create their 3D ceramic vessels based on their vessel designs. They created their own unique vessels by adding attachments, textures, and designs on the vessels. They also learnt to glaze their vessels using the dipping technique.

The students enjoyed the lessons and saw the transformation of their designs on paper into 3-dimensional vessels.

Best regards,
Miss Elena Ker
Primary 6 Art Level Representative

Music

Students are in the midst of a semester long song writing programme. At the end of this programme, students will create an original song in their groups. In term 1, students have learnt about theme, song structure and lyrics writing. Some would also have been exposed to different chord progressions. They were also assigned online listening exercises on SLS to support their learning in class.

Talentine, our annual singing and dancing competition, is open for auditions this term to all P3-6 students. This competition will be held during Assembly on 15 April. This competition allows students to showcase their talents and win attractive prizes. We would like to thank all those who have submitted their audition videos. We welcome those who are still interested to take part to submit entries to RGPSTT@gmail.com. Do note that the deadline for submission is 8 March 2024.

Do also keep a lookout for our annual RGPS Got Talent showcase, which is a platform for students to showcase their talents. Students who are interested to participate in RGPS Got Talent can refer to the March consolidated PG for more details regarding the submission. The submission will open on 6 March.

We look forward to your child's/ward's entry.

Best regards,
Mrs Lee Beiyu
Primary 6 Music Level Representative