

# Positive Parenting Programme for Grandparents



Need help with supporting  
your grandchild amid  
developmental changes or  
managing his or her  
behaviour?



**REGISTER**

Scan or click:

[https://go.gov.sg/  
3pseminar2025g](https://go.gov.sg/3pseminar2025g)



**Free Webinars  
on Zoom**

## **Session 1: The Power of Positive Parenting; Raising Confident, Competent Children**

- **8 July 2025, Tuesday,  
9:00 AM – 11:30 AM**

## **Session 2: Raising Resilient Children**

- **15 July 2025, Tuesday,  
9:00 AM – 11:00 AM**

### **Triple P Certified Speaker**

**Mrs. Esther Lai**  
*Master Coach,  
Family Life Consultant*



Mrs Esther Lai is a highly sought after conference speaker, master coach and family life consultant. She has been involved in family life education for more than twenty years, and had conducted parenting classes at the Family Court for eight years.

Lakeside Family Services and your grandchild's school have partnered to present the Triple P – Positive Parenting Programme. These webinars offer invaluable knowledge on positive parenting and practical tips to make raising kids more manageable and fulfilling.

**Join us to learn more! Registration closes on 6 July 2025.**

✉ Email [fflc@lakeside.org.sg](mailto:fflc@lakeside.org.sg) for more information.

Brought to you by:

