



RAFFLES GIRLS' PRIMARY SCHOOL

21 Hillcrest Road, Singapore 289072. Tel: 64684377 Fax: 6469 2024

RGPS_N25_P5_026

2 July 2025

Dear Parents/Guardian

2025 P5 JULY CIRCULARS (Part 2)

In this set of circulars, you will find the information on the following programmes. Please refer to the table below for a list of circulars which you will be receiving. We seek your cooperation to follow up accordingly and adhere to the submission dates.

If you require any clarifications, you may contact the General Office at 6468 4377 or email the teacher-in-charge as indicated accordingly.

S/N	Item	Remarks
1	Temporary Adjustment to School Uniform Policy	Till further notice
2	Food Donation Drive for RMHC @ RGPS	4 to 16 July 2025
3	Racial Harmony Day	
4	RGPS Library Week 2025	
5	Triple P for Grandparents Seminar Series	Refer to attached PDF
6	Lunchtime Parenting Webinar- Helping your child cope with exam stress	Refer to attached PDF

Thank you.

Your Partner in Education
Mrs Elaine Quek
Principal

1. Temporary Adjustment to School Uniform Policy

As we continue to experience unusually hot weather, we are writing to inform you of a temporary adjustment to our uniform policy. We understand the importance of ensuring the comfort and well-being of our students during these warmer days.

Effective immediately and until further notice, students will be permitted to wear their PE attire to school instead of the full school uniform. This decision has been made in consideration of the warmer than usual temperatures and the need to provide a more comfortable learning environment for our students.

We would also like to remind students to maintain the same level of respect in their appearance and behaviour while in their PE attire. Please do remind your child/ward to continue to adhere to school rules regarding appearance, hairstyles and keeping short, clean nails as stated in the Student Handbook.

Here are some important points to note regarding this temporary arrangement:

Guidelines for wearing of PE attire:

- PE attire should adhere to the school's dress code policy as stated in the Student Handbook.
- PE T-shirt must be tucked in when worn at all times.
- Please ensure that PE attire is appropriate, modest, and in good condition.
- Students should still wear appropriate footwear for school activities.

This temporary permission for wearing PE attire will remain in effect until the weather conditions improve and a return to the full school uniform is deemed appropriate. We will monitor weather forecasts and keep you informed of any changes to this arrangement.

Students should understand that this temporary permission is a privilege and should not be abused.

If you have any questions or require further clarification, please do not hesitate to contact us. We will continue to provide updates as needed regarding uniform policies and any changes to school procedures.

Your understanding and cooperation are greatly appreciated as we navigate these challenging weather conditions together. Our primary concern is the well-being and comfort of our students, and we believe this temporary adjustment will contribute to a more conducive learning environment.

2. Food Donation Drive for RMHC @ RGPS

The RGPS prefectorial committee has come together to initiate a donation drive in collaboration with Ronald Macdonald House Charities to put together a "Happy Snack Pack" for young patients either receiving outpatient care or undergoing day chemotherapy treatment or other procedures.

A child undergoing outpatient chemotherapy may be required to fast before treatment. The snack pack becomes not just an energy booster but also a "carrot" that motivates these children as they look forward to receiving a "Happy Snack Pack" from the nurse after the completion of the treatment. P4 Prefects will also be setting up a table during the P4 recess to encourage pupils to write get well notes to the recipients of the "Happy Snack Pack".

We hope that through this activity, pupils will be able to show gratitude for their own good health, empathy and graciousness towards others, especially those who are not as healthy and well as they are.

Each snack pack consists of a juice or milk packet, individually wrapped cookies/biscuits and gummies with natural flavours.

Pupils can participate in this collaboration by donating any of the food items listed below:

Ronald Macdonald House Charities Singapore
Oncology Happy Snack Pack

- Individual 200ml juice packets of Marigold Apple Juice (no sugar added).
- Individual 125ml or 200ml Milo packet drink.
- Individual 200ml Ribena packet drink.
- Individually wrapped snack/oat bar from Carman's, Nature Valley, Uncle Toby's or Yogood (ingredients must not have nuts as some children may be allergic to nuts).
- Individually wrapped biscuits.
- Individually wrapped packets of gummies with natural flavours from The Natural Confectionery Co. (25% less sugar) or YumEarth (packs of 0.7g each).

Please note that expiry date of food items must be **at least 6 months away from July 2025**.

Pupils can deposit their food items at the table in front of the prefectorial board along the corridor leading to the canteen or at the canteen pick-up point. Items can be dropped off **before morning assembly from Friday, 4 July to Wednesday, 16 July 2025**.

Please do not hesitate to contact Ms Teo Siew Huai (teo_siew_huai@schools.gov.sg) or Ms E-Lynn Goh (goh_e-lynn@schools.gov.sg) should you require any further information.

3. Racial Harmony Day

Racial Harmony Day falls on 21 July 2025. The theme this year, ***Singapore: Our People, Our Tapestry***, focuses on the reflection and celebration of Singapore as a harmonious society built on a rich diversity of cultures and the collaborative effort of all to promote social cohesion.

We are commemorating the special occasion in the week of 21 July 2025 with recess activities spread over 2 days (21 July to 22 July). The main objectives of these activities are to encourage our students to

1. Reflect on the importance of fostering harmony and understanding among all communities in our nation.
2. Know more about the culture and practices of different racial groups.
3. Respect and accept people for their cultural backgrounds.
4. Understand the various races and religions in Singapore.

To encourage students' appreciation of the four main races in Singapore and their cultures, we would like to invite students to commemorate the occasion by coming to school in ethnic costumes of the four main races in Singapore on 21 July 2025. However, in the interest of safety, students are to wear their white school shoes and avoid all head accessories as they may pose inconvenience to movements and obstruct their views.

Parents and students are also encouraged to participate in the Family Time activity related to RHD in the Kindsville Times (Primary 1 to 4) and A-OK! (Primary 5 & 6).

Thank you for partnering us in our students' learning about Singapore's bespoke approach towards multiculturalism and social cohesion, where the experiences of every individual matter and adds to our diversity.

For enquiries, please contact HOD-CCE, Ms Cassandra Quek at quek_sock_cheng@schools.gov.sg.

4. RGPS Library Week 2025

RGPS Library Week is back again from 28 July to 1 August 2025 to ignite your child's/ward's passion for reading through an exciting lineup of activities! Our younger readers will be whisked away into Roald Dahl's fantastical universe of whimsy and wonder, while our older pupils will be inspired by accomplished local author and RGPS alumna, Eliza Teoh. Through magical performances, creative challenges, interactive workshops and exciting book fairs, we'll spark imagination and nurture the love for reading in every pupil. It will be a week filled with discovery, creativity and the joy of stories!

Dates	Activities
28 Jul (Mon)	<p><u>Assembly Programme:</u></p> <ul style="list-style-type: none"> – P1 & P2 – "Roald Dahl's Magical World of Tricks!" featuring enchanting magic tricks and a delightful performance of "The Magic Finger" by our Drama CCA. – P3 – P6 – Author's Showcase featuring Eliza Teoh, an RGPS alumna and celebrated author of the Ellie Belly series. <p><u>P1 & P2 Roald Dahl Dress-Up & Photobooth Day!</u></p> <p>Get ready for a day of wonder and whimsy as we celebrate <i>Roald Dahl Dress-Up & Photobooth Day!</i> Let's make some magic and bring your child's /ward's favourite Roald Dahl characters to life! Students are invited to come dressed in simple, creative accessories or props such as foxy ear headbands, magical hats, or insect wings just like in Dahl's beloved tales. They will get to snap fun and joyful photos with their friends and create unforgettable memories together.</p> <p>Here are a few important guidelines to keep in mind:</p> <ul style="list-style-type: none"> ✦ Students must arrive and leave school in their school uniform. ✦ Accessories will be put on in the school hall before assembly. ✦ We encourage students to use recyclable materials like newspaper, cardboard boxes, fabric scraps, paper bags to craft their props. ✦ All accessories should be safe and school-appropriate.

	<p>We invite you to support your child by helping her gather clean recyclables and chat about her favourite Roald Dahl character at home. Let's celebrate creativity, sustainability, and storytelling in true Roald Dahl style!</p>
<p>29 Jul (Tue) 31 Jul (Thu) 1 Aug (Fri)</p>	<p>P1 and P2 Workshop organised by the RGPS Alumni Association:</p> <p style="text-align: center;"><i>Flying Cart Adventures: Craft Story Characters, Play Timeless Games</i></p> <p>Dates (choose only 1) : 29 Jul (Tue) / 31 Jul (Thu) / 1 Aug (Fri) 2025 Time : 2.10 p.m. - 3.45 p.m Venue : The Cube in RGPS Cost : \$32* per pupil (*includes an autographed story book) Closing Date : 18 Jul 2025 (Friday) Max. Group Size : 30 pupils per session</p> <p>For the workshop objectives, workshop outline and registration details, please refer to the letter by RGPS Alumni Association attached.</p> <p>For enquiries, please email connect@rgpsalumni.org.sg with the subject "P1 & P2 Library Week Workshop".</p>
<p>29 Jul (Tue) to 1 Aug (Fri)</p>	<p>Book fairs in the canteen (8.30 am to 11.30 am)</p> <ul style="list-style-type: none"> – English Book Fair: 29 – 30 July – Chinese Book Fair: 25 – 26 July – Malay Book Fair: 29 – 30 July <p>* Tamil Book Fair: View images of books in SLS and place orders via hardcopy form to Tamil teachers. E-payment instructions will be provided in the order form.</p>
<p>28 Jul (Mon) to 1 Aug (Fri)</p>	<p>Author-themed Activities in the Library and Classroom:</p> <p><u>P1 & P2 pupils</u> will Immerse in the wonderful world of Roald Dahl through:</p> <ul style="list-style-type: none"> – A special showcase of Roald Dahl's beloved books in our library – Design their own imaginative book cover for their favourite Roald Dahl story – Enjoy word search puzzles featuring characters and themes from his books – Participate in the class Book Pledge Wall initiative, where they'll craft personal reading goals and display them alongside their classmates', creating an inspiring environment that celebrates their reading journey. <p><u>P3 – P6 pupils</u> will explore vibrant world of Singapore literature through:</p> <ul style="list-style-type: none"> – A curated display featuring local authors, including the popular Ellie Belly series to expose them to diverse local voices and perspectives that reflect our unique Singapore identity – Interactive activities including creative diary writing, word puzzles and crosswords – Explore the exciting challenges and tasks in the school edition of NLB Book Bugs Activity Booklet.

	These activities are designed to make reading engaging and enjoyable while developing your child's/ward's literacy skills and creativity.
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Library Week 2025 features a blend of activities, each element has been planned to inspire our pupils and ignite their passion for reading. We look forward to a week of literary discovery and imagination at RGPS, where every activity creates opportunities for our pupils to further develop their love for reading!

For any enquiries on the above activities, please contact Mrs Jacqueline Seto at jacqueline_seto@schools.gov.sg or Ms Shahedah Khan at norshahedah_aslam_khan@schools.gov.sg

5. Triple P for Grandparents Seminar Series

We would like to invite all grandparents/der caregivers of your child/ward to sign up for a series of online seminars delivered by our parenting support partner Families for Life@Community (Lakeside Family Services).

The seminars are offered free of charge and will be conducted over Zoom in two sessions. Details of the seminar and speaker, as well as the registration link, are found in the attached flyer.

Seminar Topic(s)	Session Dates
Session 1: THE POWER OF POSITIVE GRANDPARENTING and RAISING COMPETENT, CONFIDENT GRANDCHILDREN	8 July 2025 (Tues), 9.00am - 11.30am
Session 2: RAISING RESILIENT GRANDCHILDREN	15 July 2025 (Tues), 9.00am - 11.00am

Kindly register using the following link:

[BookingSG registration via Singpass](#)

Thank you and we hope that your child's grandparent/s will join us for a time of fruitful learning of the Triple P grandparenting strategies to help in your parenting journey.

For any enquiries, do contact Catherine Banton (catherine-banton@lakeside.org.sg).

6. Lunchtime Parenting Webinar - Helping Your Child Cope With Exam Stress

During your child's/ward's exam periods, it is possible you feel the tension too! It can be a high-pressure time, filled with stress and anxiety. But remember, you are not alone. There are ways to manage this stress and support your child/ward through these critical periods. Help your child/ward build resilience, confidence, and a positive approach to academic challenges!

We would like to invite you to sign up for a lunchtime webinar session delivered by our parenting support partner Lakeside Family Services, under their Families For Life@Community (FFLC) initiative. Learn practical strategies to help your child/ward manage and alleviate exam-related stress effectively.

Date: 22 July 2025 (Tuesday)

Time: 12.00PM - 1.00pm

Platform: Zoom Webinar

The talk will cover the following topics:

- What are Stressors?
- Symptoms of Exam Stress
- Overcoming Failure
- Ways to Minimise Exam Stress

If you are interested in signing up for the webinar, please refer to the attached flyer or the following link: <https://go.gov.sg/lfs2025e>

For any enquiries, do contact catherine-banton@lakeside.org.sg.